

# Berrien Springs Partnership Syllabus and Instructor Qualifications

**CLASS TITLE:** Power In Motion Gymnastics, Dance, Cheer, Ninja, and Tumbling

**GRADE OR AGE LEVELS:** Grades K-12

**START DATE:** September, 2021

**END DATE:** January/June, 2022

**# WEEKS TOTAL:** 17

**WEEKS OFF:** All weeks off are listed on our website

**DAY/TIME REQUIRED:** Monday-Saturday for all classes, many times throughout the week

**ADD'L DAYS/WK AVAILABLE:** Monday- Saturday for all classes, many times throughout the week

**# HOURS (REQUIRED):** 50 min-1.25 hours per week dependent on class

**# HOURS (POSSIBLE):** Dependent on cost per class and partnership coverage. All costs over what the Partnership pays are the responsibility of the customer.

**TOTAL SEMESTER HOURS POSSIBLE:** 15 hours to 25 hours dependent on class level

**LOCATION/ADDRESS:**

Power In Motion Gymnastics, Dance, and Cheer  
3889 M-139  
Saint Joseph, MI 49085

**MAIN INSTRUCTOR:** Alyse Perry

**ADDITIONAL PRIMARY INSTRUCTORS (background checked):** Varies dependent on class

**CONTACT INFORMATION:**

**PHONE:** 269-429-5100

**EMAIL:** info@pimgymnastics.com

**WEBSITE:** [www.pimgymnastics.com](http://www.pimgymnastics.com)

**ADDITIONAL REGISTRATION AT SITE REQUIRED?** YES

**IF YES, INSTRUCTIONS FOR REGISTRATION:** Visit our website and click "Online Registration"

**CLICK ON THIS LINK:** <https://app.jackrabbitclass.com/regv2.asp?id=512047&hc=2>

MAIN INSTRUCTOR QUALIFICATIONS: Safety Certified through USA Gymnastics, Coaches Training monthly, CPR/FIRST AID/AED Certified, Concussion Training, Seizure Training.

**COURSE DESCRIPTION (complete overview shown on website):** We offer gymnastics, dance, cheer, ninja, free flyers, tumbling as well as competitive gymnastics and all star cheer. We offer classes Monday through Saturday as well as events on Friday nights for members and non-members.

**SYLLABUS/OUTLINE:** Each week students will learn skills provided on their skills sheets. They will learn progressions to each skill using drills, hands-on spotting from their instructors, and strength training. Once students have mastered the skills required in their level, they will be moved up to the next level. Level move ups after age six, do not always happen at the semester.

**COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:** Throughout the class we will be evaluating the skills and knowledge of our students. They will receive stars for mastering skills on their skill sheets. Students will also have the opportunity to show off what they have learned in our Annual Spring Recital.

**STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**

All classes abide by the following:

- 1) Students agree to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**Class-specific assessment:** Skill sheets differ upon the class taken. Forms can be provided.

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: In order to make up missed classes, absences must be noted/called in ahead of time via the front desk.

Behavior: All students are expected to listen, be respectful, and stay safe throughout the class setting. Instructors will teach students the safety rules and review them routinely throughout the course.

Weather: We do not follow local school closings during the winter. Please call us or check our Facebook page for winter weather closures and information. All winter closures or absences due to inclement weather are provided make-ups.